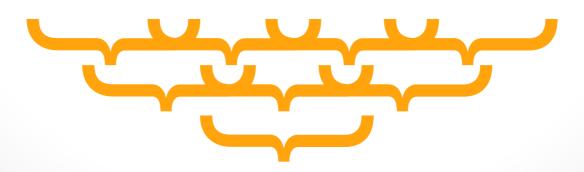


# Keeping the Faith

What 400 converts want to tell YOU!



The New Muslim Academy surveyed over 400 converts to Islam across the globe, asking for their personal advice to newly converted Muslims. Those surveyed presented these 10 invaluable insights into helping guide new converts on their journey:



This is an especially sensitive task for new Muslims, considering they do not know how their families may react to the news. Accepting Islam – which is often at odds with your family's religious and personal beliefs – can make the news a bitter pill

to swallow for them.
Therefore, 60% of
those surveyed advised
gradually informing your
family members about
your conversion. A few
recommended breaking
the news over dinner
or inviting them to an
Islamic event.



It is important for new
Muslims to show that
they have not lost their
identities by adopting
Islamic values, especially
to their families. Finding
a balance can be difficult
since you may not be
able to participate in
some of the events that

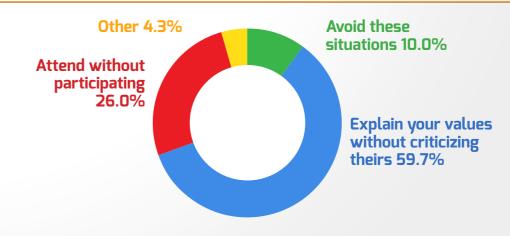
you used to before your conversion. These issues will continuously arise, and those surveyed urge you to be confident when explaining your values, but refrain from criticizing the values of your family.



Non-Muslim family members may continuously try to enter into debates with you over your choice of religion. 60% of those surveyed say that it is better for you to explain yourself

without disrespecting or attempting to debunk the other party. A few counsel that you should either connect them to an Imam/teacher or try to avoid these arguments entirely.

## How would you propose a new Muslim approach family events of conflicting values (i.e., celebrating Christmas)?





With a new set of practices like prayers, fasting, and wearing hijab or growing a beard, it may be difficult for new Muslims to keep their conversion "private."

Over 60% of those surveyed encourage you to inform your co-workers through friendly conversation. Up to 20% say it is best to speak to your boss first or try another approach.



Having a good starting point may help new Muslims avoid confusion while on the path of gaining sacred knowledge.
Those surveyed highly recommend that you begin with a general

understanding of the major practices and prohibitions of Islam. Some suggest learning commonly used Islamic terms and phrases and only a few recommend a broad understanding of the main schools of theory.

Where would you suggest new Muslims begin their religious education?





**Online 21.7%** 

**Books 36.2%** 



The prophet Muhammad (peace be upon him) said, "Whoever treads a path in search of Knowledge, Allah will ease the way to Paradise for him." The path of acquiring knowledge in Islam is a life-long journey. It is truly a noble

endeavor that paves the way to Paradise. Converts advise new Muslims to begin their studies through reading Islamic books. They also recommend attending Islamic events and enrolling in online studies.



Treading the path of knowledge means learning and understanding the ins and outs of Islam in order to follow the beneficial avenues of knowledge and avoid the unfavorable ones.

In order to do so, over 55% of those surveyed advise new Muslims to first find a reliable source of learning, followed by seeking a mentor or a supportive community.

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#### SLOW DOWN!

Immersed in an abundance of knowledge and the desire to implement it can be an overwhelming and sometimes confusing experience. By taking on too much too soon, new converts may find it challenging to keep up with prayers, fasting and other obligatory Islamic practices. This is why nearly 50% of those surveyed urge you to take gradual steps,

reminding you that you "don't have to do everything in a day, week or month's time."

Others suggest a
"Muslim buddy system"
where participants
can keep in touch and
check up on each other,
offering continued
support. Others
proposed perpetual
reading and watching
inspiring material.



Oftentimes the newly converted Muslim finds him/herself entering a foreign community complete with its own language, cultures and unique dynamics. In an effort to integrate into the Muslim community, 70% of those surveyed advise new Muslims to

regularly attend Islamic events and gatherings. 20% of the surveyed advised offering your volunteer services to local Islamic programs in order to better acquaint yourself with the community while also developing your own confidence and skills.

What tip would you give a new Muslim in keeping up with prayers, fasting and Islamic practices?

### Practice with others 29.6%

Read & watch inspiring material 17.7%



**Other 4.0%** 

Take Gradual Steps 48.7%

ROADBLOCKS AND OPEN ROADS It's natural for new
Muslims to have
questions and concerns
about the knowledge
they are acquiring and
implementing. Mosques
provide a common
ground where Muslim
leaders, groups, classes
and peers meet. Over

50% of the surveyed encourage and direct new Muslims to their local mosques for guidance with their religious concerns; 25% suggested turning to Muslim peers; and 13% preferred seeking online resources.

A convert's journey is paved with many tests. It is also marked by many blessings. For the convert, answering the call of Allah by way of embracing and practicing Islam is the path that is the most worthy of being tread.

Prophet
Muhammad
(peace be
upon him)
said, "When
Allah loves a
servant, He
tests him."
(Tirmidhi)

In the Qur'an Allah (S.W.T) says, "Allah does not burden a soul beyond that it can bear." (2:286).

Therein, fellow converts advise their new Muslim brothers and sisters to "keep the faith, be patient and remain grateful to Allah, as He bestowed His mercy upon you and has chosen you to be guided on the right path." So, "never give up" and "keep gaining knowledge, it will give you strength."